

“John Micsak” *s workshop was recently rated as the top presentation at the Michigan Education Association for Adjudicated Youth conference in Lansing. John provides startling new developments in the area of childhood trauma, neurophysiological (body-mind) research, positive youth psychology and resiliency work with at-risk children and adolescents.*”

State Newsletter, Michigan Federation for Children and Families



Past clients include:

National Assn. of Social Workers
National Institute for Trauma and Loss in Children
SAFY Specialized Alternatives for Families and Youth
MI Federation for Children and Families
MI Assn. of Teachers of Children with Emotional Impairment
Eastern Illinois University
MI Educators Assn. of Adjudicated Youth
MI Counseling Assn.
Saginaw County Intermediate School District
Ingham County Intermediate School District
Greater Kids , Greater Communities Starr Commonwealth
Lutheran Social Service
Holy Cross Children’s Service
Traverse Bay Intermediate School District
Ottawa County Courts
The Michigan Association for Foster, Adoptive and Kinship (MAFAK)
Central Michigan University
University of Michigan
Saginaw Valley State University
St. Elizabeth Hospital (Kentucky)
Dixie Heights High School (Kentucky)

Since 1977, John Micsak has worked with thousands of at-risk youth primarily in residential and community based settings as well as professionals worldwide serving vulnerable youth with traumatic and delinquent histories. Selected **2009 Consultant of the Year** by the National Institute for Trauma and Loss with Children, John is the founder and clinical director of the National Institute for Resiliency & Wellness. His brain based and wellness approach creates relational healing and sensory adaptable environments for challenging children. As a passionate clinician and front liner with at-risk youth offering over 40 accredited subjects that synthesize research from cutting edge resiliency work, trauma informed care and body/mind science, John is a liaison and consultant to schools, families, mental health and legal professionals.

John Micsak

www.HealingtheInsideChild.com

Certification & Involvement

- MA, Professional Counseling, Central Michigan University
- Author of the groundbreaking textbook **Healing the Body, Mind, and Spirit: Groundbreaking Approaches with Stressed and Traumatized Youth**
- 2009 Consultant of the Year, National Institute for Trauma and Loss in Children
- Founder/Director of National Institute for Resiliency & Wellness
- Mentioned in Psychology Today for his brain based sensory outreach program
- Registered clinician, Robertson Research



Keynotes & Workshops

John Micsak

is the author of
the revolutionary
educational manual,

Healing the Body, Mind, and Spirit:

*Groundbreaking Approaches with
Stressed and Traumatized Youth*

- **Healing the Inside Child:**
Brain Based and Wellness Approaches with
Challenging Children and Adolescents
- **Resiliency Work:**
Creating Healthy Pathways for Vulnerable
Youth Populations
- **Trauma Specific Work:**
General Dynamics of Trauma with Introduction to
Conducting Individual Sessions with Children Suffering
from Traumatic Stress
- **Charismatic Teaching & Resiliency Approaches:**
Working with the 'Whole Student' Creating healthy
Social and Emotional Experiences for All Students
- **Trauma Informed Care:**
Building a comprehensive trauma informed approach for
your school, organization or residential program.

All presentations customized for Social Workers, Counselors,
Mental Health Professionals, Teachers and/or Administrators

Visit HealingtheInsideChild.com
for details on each of these 5
lectures & workshops



Call 989/928-3967

What people are saying about John...

“In my twenty five years of clinical continuing education, this workshop was the most relevant, meaningful and well balanced presentation I have participated in. John’s presentation of *Healing the Inside Child* is a “medium rare approach” to wellness approaches and therapy for children and youth.”

David Lyke, Chief Operating Officer
Albany Park Community Center, Chicago, IL

“This is one of the best trainings I have ever attended because the information was research based, evidence based and current. Not only was it fun, but it was enlightening, refreshing and reassuring. Additionally, the information was presented from heart to heart. We felt it in our souls!”

Yvette Orr, School Social Worker
Grand Rapids Public School District, Grand Rapids, MI

“John has outstanding hands-on experience with the most troubled youth. He provides one example after another. I took 15 pages of notes and strategies. I’ve never been to a training like this before. The workshop itself was a sensory experience.”

Dr. Karen Stubenbort,
University of Pittsburg



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