66 John Micsak's workshop was recently rated as the top presentation at the Michigan Education Association for Adjudicated Youth conference in Lansing. John provides startling new developments in the area of childhood trauma, neurophsiological

(body-mind) research, positive youth psychology and resiliency work with at-risk

children and adolescents.

State Newsletter, Michigan Federation for Children and Families



Past clients include:

National Assn. of Social Workers National Institute for Trauma and Loss in Children

SAFY Specialized Alternatives for Families and Youth

MI Federation for Children and Families

MI Assn. of Teachers of Children with Emotional Impairment Eastern Illinois University

MI Educators Assn. of Adjudicated Youth

MI Counseling Assn.

Saginaw County. Intermediate School District

Ingham County Intermediate School District

Greater Kids, Greater Communities

Starr Commonwealth

Lutheran Social Service

Holy Cross Children's Service

Traverse Bay Intermediate

School District

Ottawa County Courts

The Michigan Association for Foster, Adoptive and Kinship (MAFAK)

Central Michigan University

University of Michigan

Saginaw Valley State University

St. Elizabeth Hospital (Kentucky)

Dixie Heights High School (Kentucky)

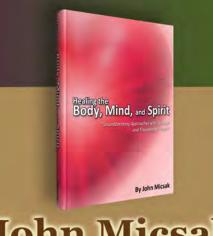
Since 1977, John Micsak has worked with thousands of at-risk youth primarily in residential and community based settings as well as professionals worldwide serving vulnerable youth with traumatic and delinquent histories. Selected 2009 Consultant of the Year by the National Institute for Trauma and Loss with Children, John is the founder and clinical director of the National Institute for Resiliency & Wellness. His brain based and wellness approach creates relational healing and sensory adaptable environments for challenging children. As a passionate clinician and front liner with at-risk youth offering over 40 accredited subjects that synthesize research from cutting edge resiliency work, trauma informed care and body/mind science, John is a liaison and consultant to schools, families, mental health and legal professionals.

ohn Micsa

www.HealingtheInsideChild.com

Certification & Involvement

- MA, Professional Counseling, Central Michigan University
- Author of the groundbreaking textbook **Healing the Body**, **Mind**, and **Spirit**: Groundbreaking Approaches with Stressed and Traumatized Youth
- 2009 Consultant of the Year, National Institute for Trauma and Loss in Children
- Founder/Director of National Institute for Resiliency & Wellness
- Mentioned in Psychology Today for his brain based sensory outreach program
- Registered clinician, Robertson Research



John Micsak

is the author of the revolutionary educational manual,

Healing the Body, Mind, and Spirit:

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General Dynamics of Trauma with Introduction to Conducting Individual Sessions with Children Suffering from Traumatic Stress

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Building a comprehensive trauma informed approach for your school, organization or residential program.

All presentations customized for Social Workers, Counselors, Mental Health Professionals, Teachers and/or Adminstrators

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What people are saying about John...

"In my twenty five years of clinical continuing education, this workshop was the most relevant, meaningful and well balanced presentation I have participated in. John's presentation of Healing the Inside Child is a "medium rare approach" to wellness approaches and therapy for children and youth."

David Lyke, Chief Operating Officer Albany Park Community Center, Chicago, IL

"This is one of the best trainings I have ever attended because the information was research based, evidence based and current. Not only was it fun, but it was enlightening, refreshing and reassuring. Additionally, the information was presented from heart to heart. We felt it in our souls!"

Yvette Orr, School Social Worker

Grand Rapids Public School District, Grand Rapids, MI

"John has outstanding hands-on experience with the most troubled youth. He provides one example after another. I took 15 pages of notes and strategies. I've never been to a training like this before. The workshop itself was a sensory experience."

Dr. Karen Stubenbort, University of Pittsburg



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